



2019 Regular Season St. Joseph League

**Organizational Meeting:
Thursday, November 1, 2018 at 7:00 p.m.
MANDATORY FOR ALL COACHES**

League Format: 7/8 year old boys
 7/8 year old girls
 9/10 year old boys
 9/10 year old girls

Fee: 7/8 year old teams - \$275.00
 9/10 year old teams - \$450.00

Checks made payable to: Athletic Association of St. Joseph (AASTJ)

Deadline for entry fees: *Friday, November 16, 2018*

If any further information is needed, please contact:

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St. Joseph's Basketball League 2019

1. The League will consist of the following age groups:

7/8 year old boys	Cannot have reached the age of 9 before <u>April 1, 2019</u> . AND only be in 1 st or 2 nd grade – NO 3 rd graders in this division.
7/8 year old girls	Cannot have reached the age of 9 before <u>April 1, 2019</u> . AND only be in 1 st or 2 nd grade – NO 3 rd graders in this division.
9/10 year old boys	Cannot have reached the age of 11 before <u>April 1, 2019</u> .
9/10 year old girls	Cannot have reached the age of 11 before <u>April 1, 2019</u> .

2. A team will consist of no more than 15 players from the same school or church. A player may play in only one division in this league. Rosters with numbers must be submitted by November 16, 2018 and must be verified at each game thereafter to ensure all players are present and under the same number. Failure to comply will result in a technical foul.

3. The 7/8 year old divisions will play with an 8-foot high basket. The 9/10 year old girls will play with a 9-foot high basket. The 9/10 year old boys will play with the standard 10-foot high basket.

4. All divisions will play with the intermediate size 28.5 ball.

5. The Home Team will be listed **first** on the schedule.

6. No pressing will be allowed in the 7/8 year old divisions, except the LAST minute of each half when a half court press will be allowed if the lead is not greater than 10 points. An infraction of this rule will result in a technical foul. Full court pressing will be allowed the last minute of each half in the 9/10 girls' division if the lead is not greater than 10 points. THE PRESS RULE FOR 9/10 BOYS IS (15) POINTS.

7. Length of games/rules:
 - a. Five-minute warm-up time.
 - b. Eight-minute quarters. (Clock runs for the first seven minutes and will stop during the last minute.)
 - c. One minute between quarters.
 - d. Five minutes between halves.
 - e. Three minutes for overtime periods with the clock running for the first two minutes of the period.
 - f. Four time outs per game with an additional time out for each overtime period.
 - g. Time outs will be 45 seconds in duration.
 - h. The three-point goal will be used in all divisions.
 - i. A (5) minute grace period will be allowed for the first game of the day only.
 - j. YOU WILL START THE GAME AND CONTINUE WITH (4) PLAYERS.

8. ***Each player must play each half.*** Violation of this rule will be a forfeit. If a player is not present before the start of the game, the scorekeeper must be notified! This way, that player will only be required to play in the second half. Because the penalty for this violation is so severe, you are to ensure that the scorekeeper knows of any changes in your line-up. Additions or deletions must be brought to the scorekeeper's attention immediately. Ensure that the scorekeeper is aware of all players entering the game. **Players cannot enter the court until waved in by the official.**

9. Any player or coach ejected from a game will receive a (1) game suspension. A second ejection at any time; not necessarily in the same game will result in a permanent suspension from this league. Ejection means leave the bench, leave the court area. (For coaches only – ejected players will remain on the bench). All will observe a Code of Ethics.

10. All paperwork including a copy of a player's birth certificate and roster must be on file by Friday, November 16, 2018. A declaration page is included for your convenience.
 11. **MOST IMPORTANT: Pants with pockets and use of earrings or braided hair with beads WILL NOT be allowed.**
 12. Locker rooms will be available for use before a game, at half time and after a game. The home team is to use the women's locker room and the visiting team to use the men's locker room. Please keep as clean as possible and please leave the white board markers in the locker room on the white board so other teams can use. Take all your belongings with you when you leave.
 13. A **\$2.00 admission fee** will be charged for entrance to the gym for teams in this league. A donation of \$3.00 will be charged for teams from other leagues that may be using this facility for their games, (i.e. teams from the Trident League.) These will generally be the 6:00 and 7:00 games. (Monday – Thursday)
 14. Team awards will be presented to the first and second place teams in each division with individual awards to the first-place team in each division.
 15. This league will start on Monday, December 3rd, 2018.
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As general information; the Catholic Youth State Basketball Tournament will be held in Aiken, SC, the weekend of February 22-24, 2019.

MOST IMPORTANTLY:

1. The schedule, when signed by the coach and the Athletic Director will ensure there are **no conflicts** with school functions, etc. **No changes will be made to the schedule once issued! Don't take it for granted that your school schedule, such as long weekends, etc. is known. You must let me know NOW when you are unable to play... "due to school activities", etc.** Use the team scheduler information form.
2. A forfeit fee of \$50.00 will be in effect and must be paid prior to your team's next game.

St. Joseph Programs Medical Information Form

Name of Participant _____

Phone: Home _____ Cell _____

Name, relationship & phone number of person to contact if parent cannot be reached:

Name _____ Relationship _____ Phone _____

Name _____ Relationship _____ Phone _____

Medical Information

My child is allergic to the following foods or medications: _____

My child has a medical condition that you should be aware of:

Name of Physician _____ Phone _____

My child presently takes this medication:

You have my permission to give my child the following medication if necessary:

Medication & Dosage

Waiver of a Sports Physical

My, son/daughter _____ as far as I know is physically fit to participate in the St. Joseph basketball league. I will not hold St. Joseph liable for any injuries incurred while participating.

Medical Release

I, parent or guardian of the child, whose name is listed on the same line with my signature below, hereby give approval to his/her participation in the St. Joseph Basketball League activities as member of the above-named church/school team. I assume all risks and hazards incidental to such participation including transportation to and from all activities; and do hereby waive, release, absolve and indemnify, and agree to hold harmless the Diocese of Charleston and the St. Joseph Basketball League, the school, the organizers, sponsors, supervisors, participants, and persons transporting the child to and from activities, for any claim arising out of injury to the child, except to the extent and in the amount covered by accident and/or liability insurance held by the team or individual.

I also grant permission to managing and/or coaching personnel or other league representatives or league officials to authorize and obtain medical care and treatment from any licensed physician, hospital, or medical clinic, including major surgery, deemed necessary by a duly licensed physician should the child become ill or injured while participating in league activities away from home, or at other times where neither parent/guardian is available to grant authorization for emergency treatment.

Parent's signature

Date

ST. JOSEPH LEAGUE
Packet Complete Declaration Form

TEAM _____

COACH _____

Cell # _____ **Work #** _____

EMAIL _____

Team Roster

Birth Certificates & Report Cards

Medical Information & Release Form

Parental Commitment

Coaches Commitment

*I understand that by signing below, I am certifying all information in my team's packet is enclosed and correct, or it will be subjected to a **\$50 Late Fee.***

Coach's Signature

Date

Code of Ethics for Youth Sport of Basketball at St. Joseph

“Parental Commitment”

- I pledge to provide support, care and encouragement for my child by following this Code of Ethics.
- I will familiarize myself with the sport of basketball, including a general knowledge of the rules
- I will always be a positive role model by exhibiting sportsmanlike behavior
- I will not be engaged in any unacceptable behavior such as berating players, coaches and officials
- I will always be gracious, whether losing or winning
- Most importantly, I will accept whatever action is deemed appropriate for my unacceptable actions to include, if necessary, the dismissal of my child from further participation
- I will remember that *the game is for youths, not adults.*

Player Name: _____

Parent Signature _____ Date _____

Parent Signature _____ Date _____

Code of Ethics for Youth Sports At St. Joseph

“Coaches Commitment”

- I will always set a good example of sportsmanship for my players and fans to follow
- I will instruct my players in their sportsmanship responsibilities
- I will discipline my players who display unsportsmanlike behavior, up to and possibly including suspension from the team. This may involve any further participation.
- I will respect the official’s judgment and interpretation of the rules. If I disagree I will follow the proper procedure to challenge their decision.
- I will at all times avoid demonstrations or irritations, which may result in excessive excitement or antagonizing of the spectators.
- I will strive to keep a Christian atmosphere at all times.

Coaches Signature _____ Date _____

Coaches Signature _____ Date _____

STJ 2018/19 Basketball League

Team Scheduler Information Form
Form must be received by 11-16-18

Team _____ League Division _____

Coach _____ Home Phone _____ Cell Phone _____

These are the playing dates for the league this year. Please indicate any dates that your team **CANNOT** play – *NOTE: The only provisions that will be allowed are for SCHOOL or CHURCH FUNCTIONS only. We Will Try to Accommodate.*

Monday	12/3/18		Friday	1/18/19	
Tuesday	12/4/18		Saturday	1/19/19	
Wednesday	12/5/18		Monday	1/21/19	
Thursday	12/6/18		Tuesday	1/22/19	
Friday	12/7/18		Wednesday	1/23/19	
Saturday	12/8/18		Thursday	1/24/19	
Monday	12/10/18		Friday	1/25/19	
Tuesday	12/11/18		Saturday	1/26/19	
Wednesday	12/12/18		Monday	1/28/19	
Thursday	12/13/18		Tuesday	1/29/19	
Saturday	12/15/18		Wednesday	1/30/19	
Monday	12/17/18		Thursday	1/31/19	
Tuesday	12/18/18		Friday	2/1/19	
Wednesday	12/19/18		Saturday	2/2/19	
Thursday	12/20/18		Monday	2/4/19	
Wednesday	1/2/19		Tuesday	2/5/19	
Thursday	1/3/19		Wednesday	2/6/19	
Friday	1/4/19		Thursday	2/7/19	
Saturday	1/5/19		Friday	2/8/19	
Monday	1/7/19		Saturday	2/9/19	
Tuesday	1/8/19		Monday	2/11/19	
Wednesday	1/9/19		Tuesday	2/12/19	
Thursday	1/10/19		Wednesday	2/13/19	
Friday	1/11/19		Thursday	2/14/19	
Saturday	1/12/19		Friday	2/15/19	
Monday	1/14/19		Tuesday	2/19/19	
Tuesday	1/15/19		Wednesday	2/20/19	
Wednesday	1/16/19		Thursday	2/21/19	
Thursday	1/17/19		Monday	2/25/19	

Tuesday	2/26/19		Saturday	3/16/19	
Monday	3/4/19				
Tuesday	3/5/19				
Wednesday	3/6/19	NO GAMES–ASH WED			
Thursday	3/7/19				
Friday	3/8/19				
Saturday	3/9/19				
Monday	3/11/19				
Tuesday	3/12/19				
Wednesday	3/13/19				
Thursday	3/14/19				
Friday	3/15/19				

September 1, 2018

Dear Coaches,

1. Gym opens 30 minutes prior to the first game
2. **NO** coolers allowed
3. Coaches box is at the end of the chairs
4. **DO NOT** approach scorer's table unless a time out or end of quarter
5. Check your roster/line-up sheet prior to game to ensure correctness
6. No balls will be provided for warm-up
7. After game please, clear area so the next game can start

Remember: **DO NOT** embarrass anyone with the use of the scoreboard!

(15) point press rule

7/8 Division – No score will be added to the scoreboard after a 10-point lead.

Thank you for your cooperation.

Have a good year and good luck!